

Melissa Haley

Civil Celebrant

0411 969 151
Ringwood, 3134

info@melissahaley.com
www.melissahaley.com

Marriage education services

Marriage education is a process engaged couples can undertake to strengthen their bond and go into the commitment of marriage better understanding each other. The process is often presented as counselling the couple might like to look at it as "an adventure in learning" so they can gain some new information about their partner and the way they work together as a couple, which will help build and strengthen their relationship. Sometimes the word counselling has the implication that there is a problem in the relationship; whereas the actual idea of pre-marriage counselling is to actually build a protective barrier around the couple and prevent the need for counselling down the track.

Eastern Couple Counselling

0419 567 703

info@easterncouplecounselling.com.au
<https://www.easterncouplecounselling.com.au/>

Catholic Care Pre-Marriage Education

Main contact phone number 03 9287 5555

Website: <https://www.ccam.org.au/page/24/pre-marriage-education-programs>

Couples build skills to deal with conflict, discuss any challenges they may face, explore their personal strengths and weaknesses, develop their friendship, and create a vision for the future they want together

There are 3 programs running

1. Partnerships which is a group counselling session with up to 14 couples 9hrs in 2 sessions in person one night and a day \$330 per couple
2. The2ofUs which is group counselling with up to 8 couples 1 full day in person \$255 per couple
3. Individual course in person 3x1hr sessions \$360 per couple

Catholic Care <https://www.ccam.org.au/page/24/pre-marriage-education-programs>

Relationships Australia

Contact: (03) 9725 9964 Boronia Office

3x1hr sessions = \$300 per couple

Prepare/Enrich Pre-Marriage and Pre-Commitment Program

Identify areas of strength in the relationship, create a clear sense of the individuals as a couple. Prepare through completing and online questionnaire. Topics included in the course are: communication, conflict resolution, partner habits, finances, leisure, affection, family and friends and roles

Relationships Australia <https://www.relationshipsvictoria.com.au/courses/relationship-education/course/81/10>

The Hart Centre

Contact: 1300 830 552

Website: <https://www.thehartcentre.com.au/our-counselling/pre-marriage-insight-program/>

Cost: Option 1 \$350-\$390 depending on time and location; Option 2 \$65

Option 1 - 2x 50 min counselling sessions with a relationship psychologist - focus on communication skills.

Option 2 - a digital download of questions that can be discussed together

The Hart Centre <https://www.thehartcentre.com.au/our-counselling/pre-marriage-insight-program/>

Or as an alternative try **Couple Coaching** with me: link here <https://www.melissahaley.com/coaching>